

Spinal Decompression Clinics of Minnesota, LLC

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Patient Selection Criteria for Spinal Decompression Therapy

Every potential patient goes through a screening process with our doctors to verify if he or she is a candidate for Spinal Decompression Therapy using the DRX9000™ system. This screening includes:

- Patient interview
- History
- Review of MRI, CT or lower back or neck x-rays

Parameters of treatment are determined according to patient weight, extent and nature of diagnostic condition, disability of the patient, age and pain intensity. The patient must meet the diagnostic profile requirements, pass the inclusion criteria and not have any of the exclusion factors listed in order to proceed with the DRX9000 Spinal Decompression program.

Diagnostic Profile must include one or more of the following:

- Cervical and/or Lumbar Disc Herniation
- Cervical and/or Lumbar Disc Bulge
- Cervical and/or Lumbar Disc Degeneration
- Cervical and/or Lumbar Facet Syndrome
- Sciatica or Shoulder/Arm Radiculopathy
- Failed Back or Neck Surgery Syndrome
- Lumbar or Cervical Segmental Dysfunction (Chronic Back Pain)
- Whiplash Injury

Inclusion Criteria for Spinal Decompression Therapy:

1. Pain present for one month or more due to bulging or herniated disc, not responding to conservative care. OR
2. Pain present for one month or more due to other causes of back or neck pain, not responding to conservative care.
3. Documented Herniated Disc and/or Degenerative Disc and/or Posterior Facet Syndrome by MRI/CT Scan not less than 12 months prior (Cervical) or 16 months prior (Lumbar).
4. Patient available for therapy as directed
5. Patient has made financial arrangements or insurance coverage verified
6. Patient is at least 18 years of age.

Exclusion Criteria (none can be present):

- Patient cannot be pregnant nor have pelvic, abdominal or metastatic cancer.
- No history of stroke, or presence of carotid or vertebral artery disease. (for cervical decompression)
- No prior lumbar fusion, cervical fusion in previous year and no surgical hardware present.
- No prior compression fracture of lumbar spine below L-1 or recent cervical vertebral fracture.
- No ankylosing (rheumatoid) spondylitis.
- No severe osteoporosis (>45% bone loss) and no disc space infections.
- No hemiplegia, paraplegia, cognitive dysfunction or severe peripheral neuropathy.
- No lumbar spondylolisthesis on either side over grade 2 or unstable cervical spondylolisthesis.
- Patient cannot weigh over 300 lbs.

Following the screening process, a physical and neurological exam is performed in our clinic. A neck and/or lower back pain questionnaire is filled out. All potential patient questions are answered and a tour of the DRX system and treatment overview is conducted. Then the patient is informed if he or she is a candidate for this program. Scheduling of treatments of successful candidates will occur. *Once treatment is complete, the patient will return to his or her referring physician for follow up care or continue with one of our doctors.*

Contact us for an evaluation of your patient.
Visit www.MinnesotaDRX.com for more information.